



Yoga in Healthcare Initiative Healthcare Reform Starts Here

- **8:00 - 9:00 am:** Morning Yoga Practice: “Unity” - **Shelly Prosko**
- **Break** (Breakfast - on your own) _____
- **10:30 am:** Speaker – Introduction: Yoga in Healthcare - **Dr. Ginger Garner**
- **10:50 am - 12:00 pm** – Open Floor Dialogue.
Inclusion of speakers on issues re: Yoga in Healthcare:
 - * **Bill Gallagher, PT**
 - * **Erin Stair, MD/MPH**
 - * **Anneke Sips, RN**
 - * **Chrystal Assee, BAPsych**
- **12:00pm: Lunch** (FULL lunch provided) _____
- **1:00 - 2:15 pm:**
 - * Introduction of Action Teams - **Diana Florio**
 - * Removing Barriers to Success - **Dr. Ginger Garner**
- **Break** _____
- **2:30 - 3:30 pm:** Afternoon Yoga Practice - “Exploration” - **Chrys Kub**
- **Break** _____
- **4:00 pm:** Final Round Table: “**Future + Next Steps**”
and Construction of Action Items - **Dr. Ginger Garner**
- **4:45 - 5:30 pm:** Conclusion (Meditation) - **Dr. Ginger Garner**

We look forward to sharing this day with everyone and creating a community of partnership and dialogue as we all share our common passions of bridging yoga and healthcare by promoting, practicing, and preserving the integration of yoga into our professions!